

D.R.A.S.T.I.C. PROGRAM

Drama, Rhythm, Art, Self-Therapy, Inspired, Creation

The D.R.A.S.T.I.C. Program is about young people exploring their identity, their friendship, their environment and their world and sharing it with the wider community.

Who?

Clients are generally young people aged 10-17 years (but will accept clients up to 25 years old) with a range of complex needs including youth substance abuse.

Clients can be referred from a range of sources, including health, welfare and community organizations, or they may self-refer.

Clients should phone our Receptionist/ Advice Worker on (07) 5535 4302 to make enquiries about accessing the service.

How?

D.R.A.S.T.I.C. is a program focused on peer motor-driven education and treatment around youth substance abuse, with a target age range of 12-17 years. This is the predominant age range for licit substance abuse such as binge

drinking and chroming (pot-smoking and use of speed and club drugs), and risk taking behavior by young people with complex needs. The Program - D.R.A.S.T.I.C. is an acronym thought up by young people for Drama, Rhythm, Art, Self-Therapy, Inspired, Creation. DRASTIC will work with young people to develop their strengths and skills through an Arts & Activity Based Program.

The program aims to enhance individual client capacity and improve their outcomes which will contribute to a reduction in the immediate and longer term personal and social impacts of substance misuse.

This is achieved through activities which build resiliency, develop life skills and coping strategies through experiential learning, improve physical and mental health, improve family functioning, increase social connectedness and meaningful participation, reduce risk-taking behaviour, and introduce relapse prevention skills.

The development of these skills will support their subsequent transition to independent living or achieving other independent goals.

The D.R.A.S.T.I.C. Program runs weekly from 10 am to 1pm, for 8 weeks with a maximum of 12 clients per programme. Clients are required to wear fully covered footwear at all times. Lunch is provided.

Where?

The D.R.A.S.T.I.C. Program takes place at "Expressive Ground". Clients will need to make their own transportation arrangements to and from the venue.

Directions: follow Tallebudgera Drive all the way to the end. You will see a blue sign saying "Expressive Ground". Drive onto the asphalt road and under the bridge and you will see a large gate with a wire fence and brick building.

Cost?

This program is free of charge to clients.

The Program is funded by the Youth At Risk Alliance (YARA).

PROGRAMS & SERVICES

RESIDENTIAL PROGRAMS

Mirikai Therapeutic Community Program

Outreach Accommodation Support and Integrated Services (OASIS)

Drug Court Program

Drug Court Supported Accommodation Program (MISO)

OUT-CLIENT PROGRAMS

Personal Support Program (PSP)

Drug Court Day Therapeutic Community Program

Queensland Illicit Drug Diversion Initiative (QIDDI)

Youth Outreach Program

DRASTIC Program

Youth Dual Diagnosis Support Program

Family Therapy Program

OUT-CLIENT SERVICES

Family & Friends Support Group

Earlybirds Support Group

Stop Pot

Supervised Urinary Testing (UT)

HEALTH EDUCATION

Drug Awareness Course

HOW TO GET HERE:

Surfside Bus Lines run from Pacific Fair to West Burleigh Shopping Centre on Route Number 4 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:54 9:54 10:54 11:45 12:54	1:54 3:00 3:40

Surfside Bus Lines run from the Pines Shopping Centre to West Burleigh Shopping Centre on Route Number 757 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:29 9:29 10:29 11:29 12:29	1:29 2:29 3:29

HOW TO LEAVE HERE:

Surfside Bus Lines run from West Burleigh Shopping Town to Pacific Fair on Route Number 4 departing at:

<u>Morning</u>	<u>Afternoon</u>
7:55 8:55 9:45 10:45 11:45 12:45	1:45 2:55

Surfside Bus Lines run from West Burleigh Shopping Town to the Pines Shopping Centre on Route Number 757 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:34 9:32 10:32 11:32 12:32	1:32 2:32 3:32

For additional times and routes, please phone **TRANSINFO** on **131230**, or visit the web site at www.translink.com.au.

D.R.A.S.T.I.C. Program

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