

THE GOLD COAST DRUG COUNCIL INC.

The Gold Coast Drug Council Inc., also known locally as Mirikai (formerly the Drug Referral Centre), is a registered charitable institution. It was established in 1971 as the first alcohol and drug service on the Gold Coast and received a land grant from the Gold Coast City Council in 1981 to develop services in West Burleigh. Since that time we have developed into a centre for education, prevention, assessment, referral and detoxification.

In addition to the Mirikai ("place of peace"), Therapeutic Community Program, we offer a growing number of programs, such the Personal Support Program (PSP), Drug Court, QIDDI, Youth Outreach service, Family Therapy service and OASIS supported accommodation programme. In recent years we have developed a specialist clinical team to manage and treat clients with both addictions and mental health disorders (referred to as "dual diagnosis"). We continue to review and develop our services to meet new needs.

The Gold Coast Drug Council also provides a 24 hour telephone information and referral service for people wanting assistance to address drug-related problems. We handle thousands of telephone calls and enquiries each year.

The Gold Coast Drug Council has been quality accredited by the Institute of Healthy Communities Association since 2001.

HEALTH EDUCATION PROGRAM

Drug Awareness Course

The Drug Awareness Course is a course designed for the wider community to attend. And provides information on illicit, prescription drugs and alcohol.

Who?

This course is open to any member of the local community to attend.

For further information about the next available course phone our Receptionist/ Advice Worker on (07) 5535 4302.

How?

The course is presented by experts in the drug and alcohol field. It covers topics such as marijuana, hallucinogens, cocaine, heroin, tranquillisers, alcohol dependence, HIV/AIDS and other STD's. Participants will gain an insight into drug identification, prevention and treatment, as well as the legal and medical aspects of addiction, and counseling techniques. A certificate will be presented at the end of the course, if participants attend for at least nine of the eleven lectures.

Courses run for 11 weeks from 7.00pm to 8.30pm on Monday evenings.

Where?

At the Gold Coast Drug Council, 191 West Burleigh Road, Burleigh Heads, Qld (see map).

Cost?

\$80 (Health Card holders \$40)

Promoting Health

The Gold Coast Drug Council is committed to promoting and improving local health and all programmes and services incorporate elements of health education and promotion. We also take part in national events such as Drug Action Week, which help to raise the local profile of drugs and alcohol and the impact on our communities.

Other activities regularly undertaken include:

- visits to the Gold Coast Drug Council by local community groups, organisations and agencies
- visits and presentations by the Gold Coast Drug Council on request to community groups and other local organisations

If you would like to visit the Gold Coast Drug Council or would like someone from the Gold Coast Drug Council to attend your group or meeting, please contact our Advice Worker on (07) 5535 4302.

PROGRAMS & SERVICES

RESIDENTIAL PROGRAMS

Mirikai Therapeutic Community Program

Outreach Accommodation Support and Integrated Services (OASIS)

Drug Court Program

Drug Court Supported Accommodation Program (MISO)

OUT-CLIENT PROGRAMS

Personal Support Program (PSP)

Drug Court Day Therapeutic Community Program

Queensland Illicit Drug Diversion Initiative (QIDDI)

Youth Outreach Program

DRASTIC Program

Youth Dual Diagnosis Support Program

Family Therapy Program

OUT-CLIENT SERVICES

Family & Friends Support Group

Earlybirds Support Group

Stop Pot

Supervised Urinary Testing (UT)

HEALTH EDUCATION

Drug Awareness Course

HOW TO GET HERE:

Surfside Bus Lines run from Pacific Fair to West Burleigh Shopping Centre on Route Number 4 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:54 9:54 10:54 11:45 12:54	1:54 3:00 3:40

Surfside Bus Lines run from the Pines Shopping Centre to West Burleigh Shopping Centre on Route Number 757 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:29 9:29 10:29 11:29 12:29	1:29 2:29 3:29

HOW TO LEAVE HERE:

Surfside Bus Lines run from West Burleigh Shopping Town to Pacific Fair on Route Number 4 departing at:

<u>Morning</u>	<u>Afternoon</u>
7:55 8:55 9:45 10:45 11:45 12:45	1:45 2:55

Surfside Bus Lines run from West Burleigh Shopping Town to the Pines Shopping Centre on Route Number 757 departing at:

<u>Morning</u>	<u>Afternoon</u>
8:34 9:32 10:32 11:32 12:32	1:32 2:32 3:32

For additional times and routes, please phone **TRANSINFO** on **131230**, or visit the web site at www.translink.com.au.

Health Education Program

PO Box 2655
Burleigh MDC
QLD 4220